

sean voisen

“Sean is still a serious young man – serious about enjoying life.”

— Candice Reed,
The North County Times



Sean Voisen is a writer, speaker, computer programmer, graphic designer, philosopher, student of life and unabashed modern Renaissance man with a mission to help others move beyond their self-imposed limiting mental models through the process of **constantly questioning assumptions** and **learning how to unlearn**.

Diagnosed with a rare form of leukemia at the age of twenty-one, Sean draws from his daily experiences of facing his own mortality to inspire others to **“live in the wonder of the moment”** each and every day and to reach beyond what they previously thought was possible. In many ways, he lives his own message. Since his diagnosis, Sean has completed four 100-mile “century” bicycle rides and a marathon as fundraisers for the Leukemia and Lymphoma Society, all while still undergoing cancer treatment. A student and a scholar of philosophy and Eastern wisdom, Sean is a firm believer in the power of meditation, and an active practitioner in both the Soto Zen tradition and the Japanese martial art of Aikido.

Sean forms the second half of a dynamic speaking duo with his father, Greg Voisen. Together, Sean and Greg weave together stories, anecdotes and insights from two generational perspectives – the Baby Boomers (Greg) and Generation Y (Sean) – on what it takes to thrive, find fulfillment and make lasting sustainable change in our crazy and complex modern world. Like Greg, Sean strives to remind his audiences to regularly re-evaluate everything they think they know about the world and remember: *“You don’t have to believe everything you think.”*

Topic Areas Include:
Transformative Leadership
Mindfulness/Meditation
Sustainability
Life Purpose
Mind and Self
Eastern Wisdom/Philosophy
Personal Growth

Clients Past and Present Include:
Taiyo Yuden, U.S.A.
Employee Optional Insurance
Cal State Univ. San Marcos
Madison Leather
Ranch & Coast Magazine
Triprism
Popcast, LLC
Comfort Silkie Company



Contact Sean toll free at (888) 337-6416 or by calling (760) 631-2631 or send him an e-mail at sean@eluminare.net

And now, everything else you wanted to know about Sean but were afraid to ask ...

Education and Affiliations

Sean graduated with a B.S. in computer science from the University of California, Los Angeles (UCLA) in 2003. During his time at the university, Sean co-founded web application and web site development company Media Insites, Inc. and was an active member and vice-president of the UCLA Technology and Business Association. Prior to UCLA, he graduated as valedictorian of his high school class in 1999. He is currently pursuing an M.A. in Transformative Leadership Development from the California Institute of Integral Studies.

Sean is also actively involved with the San Diego chapter of the Leukemia and Lymphoma Society, both as a participant and honored teammate of the society's Team in Training program. He and his family have raised over \$25,000 for the cause. He is a Macromedia Certified Flash Application Developer and creator of the open-source XIFF code library for real-time communications application development.



Your glowing testimonial goes here.

“Sean and Greg are a professional duo that made everyone feel at ease and that their time was well spent.

— Nancy Maxwell, Taiyo Yuden

“I must say that you have a perspective that many lack and many wish they could have, including myself.

— Daniel Dura, Dura Media

Sean on top of Mt. Tallac, Lake Tahoe

Presentation Topics in a Nutshell:

Never Mind the Noise

Never Mind the Noise is an in-depth exploration of how the poorly chosen vision and story we choose to live out and enact on a daily basis has created a “noisy” and distracting world of too much to do and too little fulfillment. In Never Mind the Noise you will:

- Re-imagine your long-held assumptions that tell you the “normal” way is the best way.
- Learn how fear, expectations, and the “Voice of Judgment” impede your dreams and creativity.

The Tao of Effortless Living

The Tao of Effortless Living takes Sean's personal philosophy derived from his experiences with cancer, and blends it with ancient Chinese wisdom (the Tao) in an interactive presentation designed to help participants find new ways to live with less stress, more peace and more joy. In The Tao of Effortless Living you will:

- Learn the practice of mindful presence, and discover how it can rebuild your sense of child-like wonder at your life and the world.
- Discover ways to “blend” with life's challenges rather than confront them head-on or run away from them.

Sean Voisen
eLuminate, Inc.
P.O. Box 1643
Vista, CA 92085

Phone:
(888) 337-6416
(760) 631-2631

E-mail
sean@eluminate.net

Web:
nevermindnoise.com